

What do I bring when I'm Questing?

While it is up to each individual participating in LakeQuest to determine their own personal needs and the needs of their team while outdoors completing quests, we can make some general recommendations.

Always check the weather, and be ready for anything, including some dirt and mud! Wear sturdy and comfortable shoes that will give you traction on uneven, hilly, or slippery trail surfaces. Keep in mind that at times you may be exploring areas that are wet or adjacent to waterways. Make sure your shoes (and your team members' as well) can get wet!

All LakeQuest Teams MUST bring the following with them on quests.

- ❖ Plenty of Water
- ❖ LLA Membership Card
- ❖ Quest Instructions
- ❖ LakeQuest Logbook
- ❖ Valid Parking Pass (if driving to quest)
- ❖ Camera
- ❖ Pencil, Pen or Crayon
- ❖ Personal stamp (to stamp the logbook)
- ❖ A small trinket to exchange in the Geocache boxes

It is also recommended that Teams also bring the following.

- ❖ Sunscreen & Hat
- ❖ Bug Spray
- ❖ Trail Map
- ❖ Cell Phone
- ❖ Trail Snacks
- ❖ Towel
- ❖ Change of clothes/shoes – especially if you have young children on your team
- ❖ Rain Gear (just in case)
- ❖ First Aid Kit (with emergency meds if applicable, ie. EpiPen, inhaler, etc.)

Please contact us at LLALakeQuest@gmail.com if you have any additional questions.